## Remuneration research project

ORIC is currently undertaking a research project that is examining the remuneration paid to senior staff and directors. One of the most common questions ORIC is asked is, 'How much should we pay our CEO?' The research will hopefully help in answering that question.

Some corporations have been asked to answer some basic questions as part of the research. We know this requires additional work on your part but thank you in advance for your assistance. The research report will be available on the ORIC website early next year.

Thank

VOU

## **CONGRATULATIONS** to the NPY Women's Council

Ngaanyatjarra Pitjantjatjara Yankunytjatjara Women's Aboriginal Corporation (NPY Women's Council) won the recent 2012 Indigenous Governance Award for its strong leadership in promoting the health, safety and culture of women in the APY Lands. Well done ladies!

### IT'S REPORTING TIME...

You should be thinking about your reporting requirements NOW.

### Have you called your AGM?



Remember that all corporations must hold an annual general meeting (AGM) before 30 November. If you haven't called a meeting yet, get on to it now!



Where are your 2011–12 reports?

Annual reports are now due. The last day for lodgment is 31 December 2012.

## Got a legal problem?



LawHelp is a free service run by ORIC in partnership with some of Australia's top law firms.

Application forms and guidelines at www.oric.gov.au (at the green tab on the right hand-side).



## **ACNC** update

The Australian Charities and Not-for-Profits Commission (ACNC) is a new national body set up by the Commonwealth Government to regulate charities and not-for-profit organisations. The intention behind the new body is to simplify regulatory processes and reduce red tape.

While the ACNC is making progress establishing itself there are no immediate implications for CATSIregistered corporations.

For our corporations it's business as usual. If or when there are any changes we will of course let you know.

For more information on the ACNC visit www.acnctaskforce.treasury.gov.au



### Need help?

If you are having difficulty fulfilling your reporting requirements let ORIC know—we can help. Ring ORIC on 1800 622 431 (not free from mobiles)

Don't ignore your reporting obligations—your corporation may be prosecuted if it doesn't lodge.

## Lodge online

It's easier than you think and will save you time. Register at https://online.oric.gov.au or go to the ORIC homepage www.oric.gov.au

and click on the online





# ORIC Oracle

## **Health services getting better**

November 2012

Over 250 corporations registered under the Corporations (Aboriginal and Torres Strait Islander) Act 2006 provide some kind of health service to their community. Of these 66 are dedicated medical centres.

## Taking care of the community

### **Riverina Medical and Dental Aboriginal Corporation**

### Wagga Wagga, New South

Wales: Riverina Medical and Dental Aboriginal Corporation—or RivMed as it is commonly known—has a single straightforward aim. It is simply to improve the health and wellbeing of Aboriginal and Torres Strait Islander people living in the local region.

'We're a large corporation providing culturally-safe health care for our people,' says RivMed's CEO, Selena Lyons. 'We take a holistic approach our services are carefully considered and well integrated."

RivMed is a leader in primary health care services. It offers eye care, holds mum and bubs groups, manages screening programs and holds wellness workshops to name but a few of its services. It's also possible to see a GP and visit the dentist!

'We have two full-time registrars and two part-time dentists working here each week,' says Selena, 'and about 80 people come through our doors each day.'

Not so long ago the corporation moved into spacious new premises on Edward Street. It's a bright and open place with colourful posters on the walls advising on ways to maintain good health.

While some medical practices have a sombre feel RivMed is inviting and embraces the whole person.

'We get to know whoever comes to us for treatment and that includes their family,' says Selena. 'We want people to feel comfortable—we want to relieve stress and worry—so we can take better care of them and heal their problems.

There has always been a need for a place where Aboriginal and Torres Strait Islander people can come and feel safe, and where they can be confident that the health care they receive is both of the highest quality and culturally appropriate.

That place is RivMed.

For more information see www.rivmed.org

Transport services

Watching out for diabetes

#### Some of RivMed's health programs and services

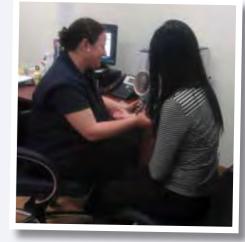
- Eve care ■ Dental clinic
- Love your liver program

Counselling for drug and alcohol problems

- Checking hearing in children
  - Clinics for mums and bubs

door transport service is a great help to our community members,' says RivMed's CEO, Selena Lyons. 'Without the free bus service many would find it almost impossible to get to and from their appointments. This means of course that their health would suffer.'

'Offering a free door-to-



Photos: Riverina Medical and Dental **Aboriginal Corporation** 

Top: The correct way to clean teeth all part of the dental service

Top right: The RivMed bus and Scott Lyons about to get a lift home

Above: Dr Megan Elliot-Rudder with a patient

### **Medical centres**

There are 66 corporations registered under the Corporations (Aboriginal and Torres Strait Islander) Act 2006 (CATSI Act) which are dedicated medical centres. Health care is their main activity.

- Typically, medical centres have at least one doctor and registered nurse on staff.
- Most medical centres provide a range of allied health and community services. For example, they may provide drug and alcohol counselling, physiotherapy, information and advice on disease prevention, pregnancy, sexual health, and diet and exercise.
- Many medical centres receive visits from specialists on an occasional or regular basis to screen for such health problems as breast cancer, eye and ear conditions, kidney disease or to conduct dental check-ups.
- © Community-controlled medical services take a holistic approach and are specially designed to provide culturally appropriate treatments. They are located in urban, rural and remote areas.

Qld 11 TOTAL 66

Geographical distribution of medical centres registered under the CATSI Act

Yarkuwa Indiaenous Knowledge Centre Aboriginal Corporation (NSW)

> Quit smoking campaign

Ilkurlka Aboriginal Corporation (WA)

Spinifex health promotion projects

## **Projects**

The Live Longer! Campaign is seeing local communities take the lead in combating chronic disease. They're finding their own ways to encourage better nutrition, physical exercise, give up smoking or to go for regular medical check-ups.

All sorts of community-driven projects are underway, from cooking classes for new mothers to market garden developments.

Congratulations to ORIC corporations that have recently been awarded a federal government grant under the Live Longer! Campaign.

> Queensland **Remote Aboriginal**

> > (Qld)

For more information www.livelonger.health.gov.au

Anyingingyi Health Corporation (NT)

Anyinginyi Friday night games

> **Abm Elgoring Ambung Aboriginal** Corporation RNTBC (Qld)

Awin udnum (good path): seasonal health workshops on traditional country

**Kool Purple** Kookas Indigenous Corporation (NSW)

> KPK's cookbook competition

**Media Corporation** Promoting healthy living in Queensland's remote Indigenous communities

> Growing up healthy and happy: Linda Ganambarr, Nyinikay in north-east Arnhem Land. Family members live on their traditional country, hunting, gathering bush foods and fishing. Nyinyikay Dha Wuba Aboriginal Corporation, the family's cultural tourism business, has recently registered under the CATSI Act. Photo: Lynn Gail/Getty Images

freecall: 1800 622 431 (not free from mobiles) | email: info@oric.gov.au | website: www.oric.gov.au

Ith care and CATSI